

Schachenmayr 
SINCE 1822
REGIA



SCHWED-R0311

Arm Warmers



Recommended Yarn

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SCHWED-R0311

Arm Warmers

V.1

Stricken



Skill Level



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SIZE:

approx. 19 cm in circumference, 33 cm long

MATERIALS:

Schachenmayr Regia 4-ply Flower Power 100 g in 09396 woodstock color
One set size 2.5 mm double-pointed needles [dpns]
Stitch holder
Blunt yarn needle

More Yarn
Information

on [Schachenmayr.com](https://www.schachenmayr.com)

Rib pattern: K1, p1.

Stockinette in rnds: K every rnd.

Gauge: 30 sts and 42 rnds = 10 x 10 cm in stockinette.

INSTRUCTIONS

Arm warmers are worked from the top down. Cast on 56 sts. Arrange sts evenly on 4 needles, join for working in rnds and place beg of rnd marker. Work in rib pat for 7 cm. Next, work in stockinette until piece measures 24/26 cm from cast-on.

Thumb gusset: M1R before first st on first needle and after 2nd st on first needle = 4 sts for thumb gusset and 58 sts total. Cont to work a M1R increase before and after previous increase every foll 3rd rnd 5 times = 14 sts for the thumb gusset and 68 sts total.

Work 3 rnds even and piece measures 28.5 cm from cast-on. Next rnd: K16 and sl to stitch holder, work to end of rnd. Next rnd: Cast on 4 sts, work to end of rnd = 56 sts. Work even in stockinette for 2.5 cm, then work in rib pat for 2 cm. Loosely bind off all sts.

Thumb: Sl the 16 thumb gusset sts from holder to dpn. K16, then pick up and knit 4 sts along cast-on edge of thumb opening = 20 sts total. Arrange sts evenly on 3 needles, join for working in rnds, work in stockinette for 5 rnds, then work in rib pat for 8 rnds. Bind off all sts.

Work 2nd arm warmer same as first.